

Matthew 10:37-39
NIV *(NLT)*

37 "Anyone who loves his father or mother more than me is not worthy of me; anyone who loves his son or daughter more than me is not worthy of me;

38 and anyone who does not take his cross and follow me is not worthy of me. *(If you refuse to take up your cross and follow me, you are not worthy of being mine.)*

39 Whoever finds his life will lose it, and whoever loses his life for my sake will find it. *(If you cling to your life, you will lose it; but if you give it up for me, you will find it.)*